AMENDMENT U.S. Appln. No. 09/407,008

IN THE CLAIMS:

1.-69. (Cancelled)

70. (New) A wireless device comprising:

a transceiver adapted to transmit and receive spread spectrum signals wherein the wireless device is adapted to transmit a user signal during a first time segment of a first time slot of a polling loop time cycle, the polling loop time cycle is comprised of a plurality of time slots and each time slot comprises a first time segment and a second time segment, wherein the wireless device is configured to receive a base signal, responsive to the user signal, in the second time segment of a second time slot; and wherein the number of time segments between the first time slot and the second time slot is variable.

- 71. (New) The device of claim 70 wherein the polling loop time cycle is followed by a second polling loop time cycle that has the same duration.
- 72. (New) The device of claim 70 wherein each of the plurality of time slots has the same duration.
- 73. (New) The device of claim 70 wherein each of the plurality of time slots further comprises a guard interval.
- 74. (New) The device of claim 70 wherein the user signal comprises a user preamble and a user sounding gap.
- 75. (New) The device of claim 70 wherein the base signal comprises a power adjustment command directed to said user station.

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76. (New) The device of claim 75 wherein the power adjustment command is based on a received signal strength of the user signal.

77. (New) A base station for wireless communication comprising:

a transceiver adapted to transmit and receive spread spectrum signals in reserved segments of a plurality of time slots, wherein at least one of the spread spectrum signals to be transmitted comprises a general polling signal in a segment of a time slot and at least one of the spread spectrum signals to be received comprises a general polling response signal from one or more user stations in a different segment of an available time slot; and

a processing circuit coupled to the transceiver to process channel characterization information of the spread spectrum signals to be received, and to select one or more of a plurality of antennas and transmit power level for use in a subsequent transmission.

- 78. (New) The base station of claim 77 wherein the base station is further adapted to transmit a power adjustment command to each user station for the user station to adjust its transmission power level.
- 79. (New) The base station of claim 77 wherein each of the plurality of time slots comprises a user station transmit field, a base processor gap, a guard time, and a base transmit field.
- 80. (New) The base station of claim 77 wherein the general polling response signal includes information identifying a particular user identification and information for sounding available communication links between the base station and the particular user station.